

# CAFÉ HY 10 on 22 LUNCH

MONDAY, TUESDAY, THURSDAY

## GRILL

**4oz Pat La Frieda Hamburger** 5.15

served with lettuce on brioche bun, or lettuce wrap.

**Chipotle Black Bean Burger (VG)** 8.25

served with lettuce on brioche bun, or lettuce wrap.

**Grilled Cheese** 4.25

American Cheese, Buttered Home Style Bread

**Chicken Fingers** 5.50

Served with your choice of dipping sauces.

**Chicken Fingers and Fries** 7.75

Served with your choice of dipping sauces.

## SIDES

French Fries (V) 4.25

Onion Rings (V) 4.25

House Chips (V) 1.15

Mixed Greens Side Salad (V) 2.75

## SPECIALTY GRILL

**The Guardian Burger** 12.00

Two 4oz Pat Lafreida blend beef patties, American cheese, fried egg, hardwood smoked bacon, avocado, lettuce, tomato, and onion.

**Falafel Gyro (V)** 9.00

Falafel, feta, cracked wheat tabouleh, lettuce, tomatoes and cucumbers, topped with lemon dill yogurt dressing served on a warm pita.

## SEASONAL SALAD

**Marinated Grilled Chicken Salad** 12.25

Marinated grilled chicken breast, sauteed peppers & onions, diced tomatoes, cucumbers

**Green Goddess Quinoa Bowl** 13.25

Red Quinoa, grape tomatoes, chickpeas, avocado, spring mix, shaved brussels sprouts

**Mediterranean Bowl (V)** 11.00

Falafel, Kalamata Olives, Feta, Mixed Greens, Cracked Wheat Tabouleh, Grape Tomatoes, Diced Cucumber, Lemon Dill Yogurt Dressing, Warm Pita

**Weekly Entrée Specials-Available on the Monthly Highlight Calendar**

## THAT'S A WRAP

**Grilled Chicken Wrap** 10.50

Grilled Chicken, Basmati rice, lemon dill yogurt, cucumbers, tomatoes, cilantro, spring mix

**Buffalo Chicken Wrap** 10.50

Chicken Finger tossed in our buffalo marinade, shredded lettuce, tomatoes & blue cheese dressing.

**SOUP** 8oz

Chef's weekly Soup Selection 3.25

WEDNESDAY

COMPLIMENTARY LUNCH BUFFET

# CAFÉ HY10 on 22 BREAKFAST

**MONDAY, TUESDAY, THURSDAY**

## COMPLIMENTARY BREAKFAST BUFFET

Hot Cereal with Assorted Toppings, Hard Boiled Eggs, Bagels with Assorted Spreads,  
Whole Fruit

### Omelets

**2 Egg Cheddar Cheese Omelet 4.25**

**Egg White and Cheddar Omelet 4.25**

**Create your Own 3 Egg Omelet 4.95**

**Choose Egg: Whole Egg, Egg Whites**

**Add Protein: Bacon (+\$.50), Pork Sausage (+\$.50), Turkey Sausage (+\$.50)**

**Choose Cheese: American, Cheddar, Swiss, Pepperjack, Feta**

**Choose Toppings: Tomatoes, Green Peppers, Red Onions, Mushrooms, Baby Spinach**

### A LA CARTE

**Scrambled Eggs (2) 2.00**

**Egg Whites (2) 2.00**

**Tater Tots 1.25**

**Turkey Sausage (2) 2.25**

**Bacon (3) 3.00**

**Toast (White/Wheat) (2) 0.95**

### Breakfast Special

**2 Eggs, Protein, Tater Tots, Choice of Toast 4.95**